Minnesota NAWGJ: Health Form & Illness Policy

Upon arrival at a meet site, each judge must attest the following:

1. I have **NOT** had any of the following symptoms during the past 14 days:
    - Cough
    - Fever (>100) / chills
    - Shortness of breath
    - Sore throat
    - Loss of taste / smell
    - Headache / body aches / fatigue
2. I have **NOT** knowingly been in contact with a person with confirmed/suspected COVID-19 during the past 14 days
3. I have **NOT** been instructed by a healthcare provider to self-quarantine through today's date
4. I will adhere to CDC recommendations, local government mandates, and meet safety measures including but not limited to:
    - Maintaining physical/social distancing
    - Wearing a cloth face covering

ILLNESS DEVELOPS DURING A MEET

If, during a meet, a judge develops symptoms associated with Covid-19, they will report symptoms to the meet referee and will remove themselves from the meet for the remainder of the day. The judge should contact their health care provider by phone as recommended by the Center for Disease Control.

ILLNESS/EXPOSURE PRIOR TO A MEET

A judge should contact the assigner to initiate the sub process if any of the following circumstances extend into the 14 days prior to a meet assignment:

- Diagnosis of COVID-19
- Symptoms associated with COVID-19
- Contact with a person with confirmed/suspected COVID-19
- Instruction by a healthcare professional to self-isolate

Assigners will maintain confidentiality in regards to the need for a sub.

Meet referee should ensure that all judges sign EACH day of a meet. Take a picture and text or email to Linsey Hamilton: 651.442.9942 or linseyhamiltonpt@gmail.com

MEET _____ **DATE** _____/_____/_____

MEET REF_____

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